

Palisades Country Day  
212/248 Herbert Ave  
Closter, N.J. 07624  
201-784-7600ext2  
www.palisadescountryday.com



**For more information on**

**"My Parent & Me"  
Programs**

**Please call:  
201-784-7600ext2**

To our new friends...



*Palisades...  
"Laughing, Loving, Learning  
Together"*



## My Parent & Me

*Palisades Country Day, the most well respected name in Early Childhood Education has expanded it's programming to include a full "My Parent and Me" curriculum. We are committed to providing a variety of programs that will stimulate each child's interest and development, as well as to serve the special needs of parents, by offering discussion groups lead by professional facilitators and early childhood educators. Parents have the opportunity to explore topics such as developmental stages, discipline, parenting styles and more.*

*As parents, we want our children to feel happy, secure and loved. We believe spending time together is one of the best ways to make this happen.*

**Palisades...  
laughing, loving, learning together.**



## "Doodlebug Cracker Barrel"

*Our hour and a half long class is structured to mimic a preschool day. You and your child start the morning in a classroom setting with:*

- 1. Welcome Activity - a "structured" free play activity as we welcome our Doodlebug students & their parent to class. Play-dough is a favorite welcome*
- 2. Circle Time - The official beginning to our class as we sing our "hello" song, participate in calendar and weather activities, introduce the theme of the day and participate in related theme activities.*
- 3. Art - Our little fingers jump right in and create the theme inspired art project of the day - we color, paint, glue, and have all sorts of fun creating our beautiful works of art!*
- 4. Snack & Story-time - You bring your sippy cup and we provide the theme related snack. While our hungry Doodlebugs enjoy their snack, a theme related story is read. What fun!*
- 5. Movement - This part of the program is held in the school gym, just outside the classroom. Under the direction of Coach Dan, owner & director of "Sport Starz" both parent & child will participate in more physical activities. Through the use of props, games and music, simple motor skills are developed.*
- 6. Closing Circle - At the end of class, we return back to our circle to sing songs, play instruments and, of course, sing our "good-bye" song.*

*The curriculum themes include colors, seasons, shapes, weather, holidays, All About Me, senses, animals...and more!*

*The Doodlebug program helps in preparing your terrific tiny-tot for the adventure that awaits them as they enter our Toddler program next year.*

*Classes are limited to 10 students (along with their parent or other special person).*

*Ages - 18-30 months*

*Each session is one and one half hours*

*Mon, Wed or Fri - 9:30-11:00*

## "Music with Kimmy Schwimmy"

Cool, fun, funky, soulful music for the whole family! All of the Kimmy Schwimmy songs are part of an exciting new Preschool Music Curriculum that Kimmy has created. The new Kimmy Schwimmy Music Curriculum for Preschoolers is now being used in preschools across America as well as Japan, the UK, Australia and Canada!



*Tues or Thurs 9:30-10:15  
Music with "Kimmy Schwimmy"  
Ages 16-26 months*



### Kimmy Schwimmy Children's Music - Ages 12-24 months (9:30am-10:15am)

Tuesday Sessions - January 13<sup>th</sup> - May 26<sup>th</sup> (No classes on 2/17 & 4/14)

Thursday Sessions - January 15<sup>th</sup> - May 28<sup>th</sup> (No classes on 2/19 & 4/16)

Cost per session (18 classes) = \$405.00

### Doodlebug Cracker Barrel - Ages 18-30 months (9:30 am-11:00am)

Monday Sessions - January 12<sup>th</sup> - May 18<sup>th</sup> (No classes on 1/19, 2/16 & 4/13)

Cost per session (16 classes) = \$720.00

Wednesday Sessions - January 14<sup>th</sup> - May 27<sup>th</sup> (No classes on 2/18 & 4/15)

Cost per session (18 classes) = \$810.00

Friday Sessions - January 16<sup>th</sup> - May 29<sup>th</sup> (No classes on 2/20, 4/10 & 4/17)

Cost per session = (17 classes) \$765.00

**\*\*2<sup>nd</sup> Child Discount 10%**