



Palisades Country Day Camp
248 Herbert Ave. Closter, NJ 07624
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Staffing@PCDCamp.com

Counselor in Training (C.I.T.) Application

Our Counselor in Training (CIT) Program is designed specifically for 13- and 14-year-olds who are interested in developing leadership skills while gaining hands-on experience in a camp setting. Throughout the summer, CITs work closely with children ages 2 to 8, learning responsibility, teamwork, communication, and the basics of childcare in a fun and supportive environment.

New this year, our CITs will rotate to a new age group every two weeks. This well-rounded approach allows them to experience different developmental stages while also working with new teams of counselors and learning a variety of leadership styles. Weekly group meetings with their trainer give CITs the opportunity to reflect on their experiences, build connections with one another, and receive additional focused training. Our CITs will have a scheduled lunch and open pool time to take a break together each day and spend time with their peers. The new program includes two offsite team building field trips.

In addition to their daily group work, CITs will explore other areas of camp through rotating afternoon specialty assignments. These may include the food court, arts, wood shop, aquatics, events, and media. This exposure helps CITs better understand how camp operates as a whole while building practical skills and confidence.

Most importantly, the CIT Program serves as a foundational pathway for future camp staff. By the end of the summer, participants will have developed the skills, confidence, and professional habits needed to successfully transition into paid staff roles in future summers. Our goal is to prepare CITs not only to be great helpers today, but strong, capable future counselors.

To be eligible and considered for this program, applicants must be 13-14 years of age, complete this application, and interview with the Camp Staff.

First Name: _____ Last Name: _____

Date of Birth: _____ Gender _____ S.S.#: _____

Address: _____
street city state zip

Cell Phone: _____ Cell Phone Carrier: _____

E-mail Address: _____

Parent/Guardian #1 : _____ Cell #: _____

Parent/Guardian #2: _____ Cell #: _____

Parent Email: _____ Home Phone: _____

School Attending: _____

